

Amanda E. Halliburton, Ph.D.

Curriculum Vita

Department of Psychological Science
 College of Arts & Letters
 University of North Georgia
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Current Position

Fall 2018-Present Assistant Professor of Psychological Science
 University of North Georgia – Dahlonega Campus

Education & License

2019-Present Licensed Psychologist in Georgia, License No. PSY004310

2018 Ph.D. Clinical Science, Virginia Tech
Advisor: Lee D. Cooper, Ph.D.
Dissertation Title: “Piloting the Use of Acceptance, Cognitive
 Defusion, and Values in Reducing Experiential Avoidance and its
 Consequences among Youth Rejected by Peers”

2013 M.S. Clinical Science, Virginia Tech
Advisor: Bethany C. Bray, Ph.D.
Thesis Title: “Adolescent Inhalant Use in the United States:
 Examining Long-Term Trends and Evaluating the Applicability of
 Self-Determination Theory”

2011 B.S. Psychology, University of Mary Washington, cum laude

Courses Taught & Guest Teaching

University of North Georgia, Department of Psychological Science (Assistant Professor)

- PSYC 3530L: *Abnormal Psychology Lab* (FA 2020/22)
- PSYC 2103: *Human Growth & Development* (FA 2022)
- PSYC 4404: *Special Topic – Cognitive-Behavioral Treatments* (FA 2021)
- PSYC 4406: *Special Topic – Positive Psychology* (SP 2020)
- PSYC 4750: *xx-x*

Measurements (FA 2018/2020/2022)

to Psychological Science
Psychology (Michele Hill’s section)

- PSYC 4405: *Special Topic – Psychology of Gaming*
- PSYC 4840: *Counseling and Clinical Theories and Interventions*
- PSYC 4900: *Senior Psychology Seminar*

Virginia Tech, Department of Psychology (Instructor)

- PSYC 2034: *Developmental Psychology* (SU 2016)
- PSYC 2044: *Psychology of Learning* (FA 2016)
- PSYC 2094: *Principles of Psychological Research* (FA 2014; SP 2015)
- PSYC 3014: *Abnormal Psychology* (SU 2015; FA 2015; SP 2016-17)

Virginia Tech, Department of Psychology (Graduate Teaching Assistant)

- PSYC 2004: *Introductory Psychology Recitation* (FA 2011; SP 2012)
- PSYC 5315: *Research Methods I* (FA 2012)
- PSYC 5316: *Research Methods II* (SP 2013)

Mentorship of Undergraduate Research

McNair Scholar Mentor

- Melanie Palacios-Reyes (2021-2022)
 - Project title: “College Adjustment in First-Generation College Students: How They Cope with College Stress and Anxiety”

Honors Thesis Director

- Hailey Rueden (2021-2022)
 - Project title: “Gender and Attention Deficit Hyperactivity Disorder: An Examination of Presentation and Bias”
- Rosemary “Mary Kellen” Beck (2023-Present)
 - Project title: “Eating Disorder Stressors Among Women in Emerging Adulthood: Social Factors and Emotional Dysregulation”

I have mentored 13 other students as part of my lab/research team and with other faculty since arriving at UNG, with several of them presenting work based on these projects at conferences and one exceptional student having the opportunity to be included as an author on a manuscript.

Invited Talks & Workshops

2023

- “Updates to the DSM-5-TR: Everything You Need to Know to Impress Your Friends at Parties” – In-service/brown bag presentation given to Department of Psychological Science with Dr. Zachary Elison

2021

- “Living in the Mindful Moment” – UNG Honors Lunch & Learn
- “Staying Present: Mindfulness for the Classroom and Beyond” – CTLL Summer Academy
- “Integrating Mindful Intention and Reflection into Your Classroom” – UNG LEADS 2021

2020

- “Staying Well” – UNG LEADS 2020

2019

- “Treating Children and Adolescents: Lessons from Developmental Psychology” – Southwest Virginia Psychology Doctoral Internship Consortium Alumni Presentation Series
- “Academic Services for Residents” – UNG Residence Life
- “Incorporating Mindfulness into Your Academic Life” – UNG LEADS 2019

2018

- “Correlates of Antisocial Behavior and Mindfulness among Chronically Stressed Youth” – In-service/brown bag presentation given to Department of Psychological Science
- “Mental Health in Appalachia: Perceptions, Treatments and Career Opportunities” – Mountain Empire Community College

2016

- “Borderline Personality Disorder: An Overview for Integrated Care” – Tri-Area Community Health Center

Publications & Manuscripts

*Indicates student author.

Peer-Reviewed

Halliburton, A.E., Hill, M.B., & Mian, N.D. (2023). *Preparing undergraduate psychology students to enter the clinical/counseling field: The importance of knowledge, motivation and mentorship* [Manuscript in preparation]. Department of Psychological Science, University of North Georgia.

Halliburton, A.E., Ridenour, T.A., & Murray, D.W. (2023). *Interaction of self-regulation processes over time for adolescents in the context of chronic stress* [Manuscript submitted for publication]. Department of Psychological Science, University of North Georgia.

Halliburton, A.E., Hill, M.B., Hightower, J.M., Harrison, T.L., & LaFever, C.R. (2023). Mental health during COVID-19: College students stressors and need for structure. *Journal of American College Health*. Advance online publication.
<http://doi.org/10.1080/07448481.2023.2277195>

Halliburton, A.E., Hill, M.B., Dawson, B.L., Hightower, J.M., & *Rueden, H. (2021). Increased stress, declining mental health: Emerging adults’ experiences in college during COVID-19. *Emerging Adulthood*, 9(5), 433-448. <https://doi.org/10.1177/21676968211025348>

Cooper, L.D., Murphy, H.G., *Delk, L.A., Fraire, M.G., Van Kirk, N., Sullivan, C.P., Waldron, J.C., **Halliburton, A.E.**, *Schiefelbein, F., & *Gatto, A. (2021). Implementing routine outcome monitoring in a psychology training clinic: A case study of a process model. *Training and Education in Professional Psychology, 15*(2), 87-96.
<https://doi.org/10.1037/tep0000298>

Halliburton, A.E., & Fritz, M.S. (2018). Health beliefs as a key determinant of intent to use anabolic-androgenic steroids (AAS) among high school football players: Implications for prevention. *International Journal of Adolescence and Youth, 23*(3), 269-280.
<https://doi.org/10.1080/02673843.2017.1344928>

Halliburton, A.E., Ridenour, T.A., White, B.A., & Deater-Deckard, K. (2017). Clinically differentiating life-course-persistent and adolescence-limited conduct problems: Is age-of-onset really enough? *Journal of Applied Developmental Psychology, 52*, 34-45.
<https://dx.doi.org/10.1016/j.appdev.2017.06.005>

Halliburton, A.E.

National

Halliburton, A. E. (2022, November 17-20). *The impact of post-event processing, mindfulness, and self-compassion on anxiety following distressing interactions on social media* [Poster presentation]. Association for Behavioral and Cognitive Therapies 56th Annual Convention, New York, NY, United States.

Halliburton, A. E. (2022, November 17-20). *Using CBT to cope with ostracism on social media: A pilot study*. [Poster presentation]. Association for Behavioral and Cognitive Therapies 56th Annual Convention, New York, NY, United States.

Halliburton, A.E., Hill, M.B., Mian, N.D., & *McClanahan, V. (2021, November 18-21). *Closing the service gap: Key considerations in students' plans to practice as mental health providers in underserved areas of Georgia* [Poster presentation]. Association for Behavioral and Cognitive Therapies 55th Annual Convention.

Halliburton, A.E., & Cooper, L.D. (2016, October 27-30). *Piloting the use of ACT techniques to reduce experiential avoidance and prevent negative consequences following peer rejection in adolescents* [Poster presentation]. Association for Behavioral and Cognitive Therapies 50th Annual Convention, New York, NY.

Halliburton, A.E., Murphy, H.G., Guerra, R.C., *Scalzo, G., & Cooper, L.D. (2016, October 27-30). *What's important now? Findings from an adolescent pilot of the Values Assessment Measure (VAM)* [Poster presentation]. Association for Behavioral and Cognitive Therapies 50th Annual Convention, New York, NY.

Murphy, H.G., **Halliburton, A.E.,** Guerra, R.C., *Hawkins, S., & Cooper, L.D. (2016, October 27-30). *The Values Assessment Measure (VAM): Instrument development* [Poster presentation]. Association for Behavioral and Cognitive Therapies 50th Annual Convention, New York, NY.

Halliburton, A.E., Ridenour, T.A., White, B.A., & Deater-Deckard, K. (2015, November 12-15). *Differentiating life-course-persistent and adolescence-limited conduct problems: An evaluation of risk factors in a chronically stressed sample of youth* [Poster presentation]. Association for Behavioral and Cognitive Therapies 49th Annual Convention, Chicago, IL.

Halliburton, A.E., Fritz, M.S., MacKinnon, D.P., Goldberg, L., Elliot, D., & Moe, E. (2015, November 12-15). *Unpacking the ATLAS program: Conditional process modeling of steroid use among high school football players* [Poster presentation]. Association for Behavioral and Cognitive Therapies 49th Annual Convention, Chicago, IL.

Halliburton, A.E., & Bray, B.C. (2013, November 21-24). *Long-term trends in U.S. adolescent inhalant use: Prevalence rates and influences of drug policy* [Poster presentation]. Association for Behavioral and Cognitive Therapies 47th Annual Convention, Nashville, TN.

Halliburton, A.E., Bray, B.C., & Ridenour, T.A. (2013, May 28-31). *Testing the validity of the anticipated DSM-5 inhalant use disorder diagnosis: An item response theory analysis* [Paper presentation]. Society for Prevention Research 21st Annual Meeting, San Francisco, CA.

State/Regional

Hill, M. B., **Halliburton, A.,** *Marshall, D., *Kieltyka, A. P., & *Khodadadi, S. (2023, April 5-8). *College student mental health and changing structures: Career distress* [Poster presentation]. Southeastern Psychological Association 69th Annual Meeting, New Orleans, LA, United States.

*Rueden, H., & **Halliburton, A.** (2022, April 29-30). *Gender and attention deficit hyperactivity disorder: An examination of presentation and bias* [Poster presentation]. 2022 Georgia Psychological Association (GPA) Annual Conference, Athens, GA, United States.

*Palacios, M., & **Halliburton, A.** (2022, April 29-30). *College adjustment in first-generation college students: How they cope with college stress, and anxiety* [Poster presentation]. 2022 Georgia Psychological Association (GPA) Annual Conference, Athens, GA, United States.

Hill, M., Harrison, T., Hightower, J., & **Halliburton, A.** (2021, March 17–20). *College student mental health and COVID-19: Lessons since March 2020* [Paper presentation]. Southeastern Psychological Association (SEPA) 67th Annual Meeting.

*McClanahan, V., **Halliburton, A.,** & Hill, M. (2021, March 17–20). *Career mentoring for psychology majors pursuing applied child psychology programs* [Poster presentation]. Southeastern Psychological Association (SEPA) 67th Annual Meeting.

Halliburton, A. (2021, March 10-12). *Emerging into a crisis: The impact of COVID-19 on students' mental health and psychosocial development* [Paper Presentation]. Southern Regional Faculty and Instructional Development Consortium (SRFIDC) 42nd Annual Conference.

Halliburton, A., & Johnston, R. (2020, March 11-13). *Beyond the buzzword: Novel applications of mindfulness for student and faculty success* [Paper presentation]. Southern Regional Faculty and Instructional Development Consortium (SRFIDC) 41st Annual Conference, Spartanburg, SC, United States.

*Fernandez, S., *Armstrong, B., & **Halliburton, A.** (2019, November 1-2).

Travel funding received:

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Fall 2022-Present

- Department of Psychological Science – Clinicians, Counselors & Company co-founder and faculty mentor (with Dr. Michele Hill). This is a unique organization designed to support career preparation and professional development for students who are interested in entering a mental health career. It is supplemental to regular academic advising.

- Addition of two permanent electives, Positive Psychology (PSYC 3017) and Human Memory (PSYC 4310), both former Special Topics courses. I assisted with writing the PSYC 3017 proposal, entered both proposals into

- Helped develop policy for external use of the subject pool
- Evaluated and discussed ongoing issues in faculty and student compliance with the guidelines for posting studies/awarding credit and use of the subject pool
- Collected, analyzed and reported back on data related to increased use of the

Service to the Profession

Fall 2019-Present

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Fall 2015-Spring 2017

- Student Representative, Virginia Tech Dept. of Psychology Diversity & Inclusion Committee

Fall 2014-Spring 2015

- Graduate Student Representative, Virginia Tech Clinical Science Program

Fall 2013-Spring 2015

- Graduate Peer Mentor, Virginia Tech Clinical Science Program

Clinical Experience

Post-Doctoral Fellowship: University of North Georgia Student Counseling Center

Pre-Doctoral Internship: Southwest Virginia Psychology Doctoral Internship Consortium

Externship Placements:

- Tri-Area Community Health Center
- National Counseling Group
- Carilion Roanoke Memorial Hospital
- NeuroRestorative

Other Clinical Work:

- Virginia Tech Psychological Services Center
 - Graduate Clinician
 - Graduate Peer Supervisor
 - Adult Assessment Clinic Coordinator
- St. Alban's Hospital
 - Mental Health Therapist